

Receive – Meditation for Abundance

Your mind is the gateway to abundance. This short meditation opens your inner channels for receiving — abundance, clarity, and trust. Take a deep breath. Feel your heart soften and open. Repeat these affirmations slowly: “I allow abundance to flow into my life.” “I am open to receiving.” “Gratitude is my magnet for everything I deserve.” “I trust the process of life.” Breathe deeply. Let your energy expand. Receive.